| FORM | 4 |
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| Check this box if no |
|------------------------|
| longer subject to |
| Section 16. Form 4 or |
| Form 5 obligations may |
| continue. See |
| Instruction 1(b). |

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses) | | | | | | | | | | | |
|--|-------------------|--|--|------------|------------|------------------------|---|-------|--|--|-------------------------|
| 1. Name and Address of Reporting Person [*] – Young Donald | | | 2. Issuer Name and Ticker or Trading Symbol Better Choice Co Inc. [BTTR] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | |
| (Last) 12400 RACE TRACK | (First) K ROAD | | 3. Date of Earliest Transaction (Month/Day/Year) 08/19/2021 | | | | X_Officer (give title below) Other (specify below) EVP, Sales | | | | |
| TAMPA, FL 33626 | (Street) | | 4. If Amendment, Date Original Filed(Month/Day/Year) 08/23/2021 | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | | (Instr. 8) | - | (A) or Disposed of (D) | | f (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | 6. Ownership Form: | Beneficial |
| | | | (Month/Day/Year) | Code | v | Amount | (A) or (D) | Price | (Instr. 3 and 4) | Direct (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) |
| Common Stock | | 08/20/2021 | P 14,000 A \$3.55 | | 48,601 (1) | D | | | | | |
| Common Stock | | | | | | | | | 2,000 | Ι | Spouse |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| | (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
|---|--|------------------|--------------------|------|---|--|----------------------------|--------------------------------|---|-----------------|----------------------------------|---|------------|--|--|
| Security | Conversion | (Month/Day/Year) | Execution Date, if | Code | | 5. Numb of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5) | ative s l (A) sed | Expiration Dat (Month/Day/Y | 5. Date Exercisable and Expiration Date Month/Day/Year) 7. Title and Amou Underlying Secur (Instr. 3 and 4) | | Securities | 8. Price of 9. Number of Derivative Security (Instr. 5) Beneficially Owned Following Reported Transaction(s) | | tive Ownership ies Form of beily Derivative Security: ing Direct (D) ed or Indirect ction(s) (I) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | (Instr. 4) | (Instr. 4) | |
| Stock Options - Right to Buy | \$ 5.00 | 08/19/2021 | | А | | 15,000 (2) | | <u>(3)</u> | 08/19/2031 | Common Stock | 15,000.00 | \$ 0 | 15,000 | D | |
| Stock Options - Right to Buy | \$ 5.00 | | | | | | | <u>(3)</u> | 07/08/2031 | Common Stock | 33,333.00 | | 33,333 | D | |
| Stock Options - Right to Buy | \$ 8.82 | | | | | | | <u>(3)</u> | 03/03/2031 | Common Stock | 91,667.00 | | 91,667 | D | |
| Purchase Warrants - Right to Buy | | | | | | | | 01/22/2021 | 01/22/2027 | Common Stock | 10,000.00 | | 10,000 | D | |
| Stock Options - Right to Buy | \$ 7.62 | | | | | | | <u>(3)</u> | 01/01/2031 | Common Stock | 83,334.00 | | 83,334 | D | |

Reporting Owners

| | Relationships | | | | | |
|--------------------------------|---------------|--------------|---------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| | | | | | | |

| Young Donald | | | |
|-----------------------|--|------------|--|
| 12400 RACE TRACK ROAD | | EVP, Sales | |
| TAMPA, FL 33626 | | | |

Signatures

| Becky Pickett, Attorney-in-Fact for Donald Young | 01/14/2022 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The number of shares beneficially owned has been reduced by 1,393 to correct an administrative error in previous reports.
- Options granted on August 19, 2021 and 67% of the options shall vest as to 1/3rd of the shares on the first annual anniversary of the grant date and 1/36th of the shares to vest on each monthly (2) anniversary thereafter, and 33% of the options shall vest as to 1/3rd of the shares on the 18 month anniversary of the grant date and 1/36th of the shares to vest on each monthly anniversary thereafter.
- (3) Options exercisable according to the vesting terms in the related option agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.